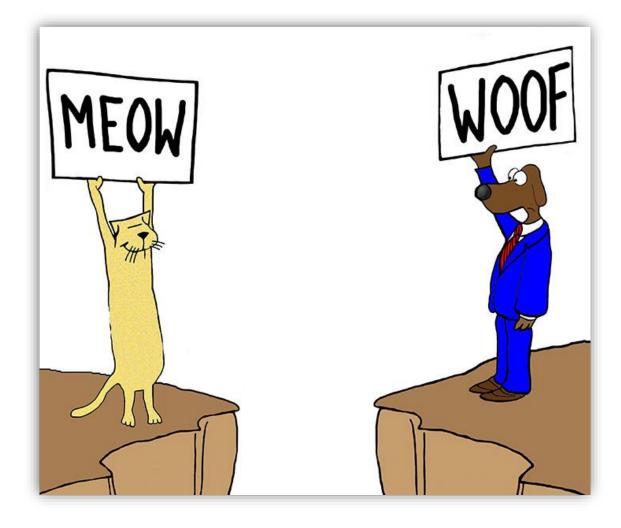
Are we talking the same language? The importance of choosing our words carefully when communicating **HCAI** and AMR



Jon Otter PhD FRCPath, Director of Infection Prevention and Control & Consultant Clinical Scientist Guy's and St Thomas' NHS Foundation Trust

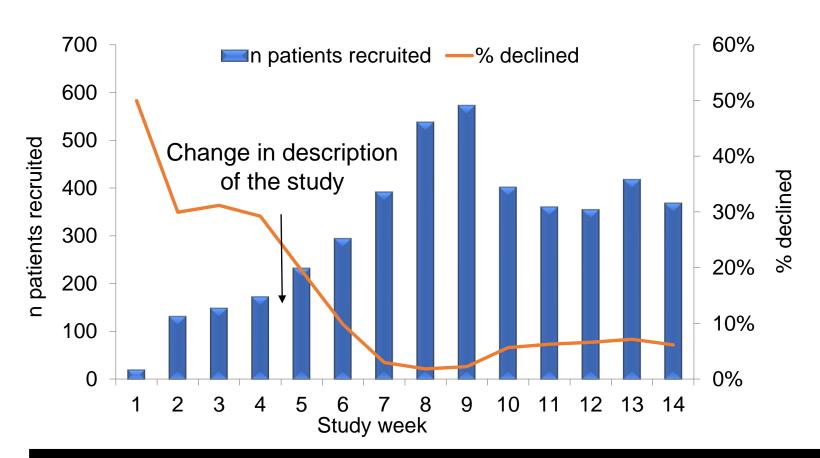






## Can I swab your rectum please?

Prospective study of asymptomatic antibiotic-resistant Gram-negative bacteria colonisation in 4006 patients on admission to a London hospital group.



#### Original description (weeks 1-4)

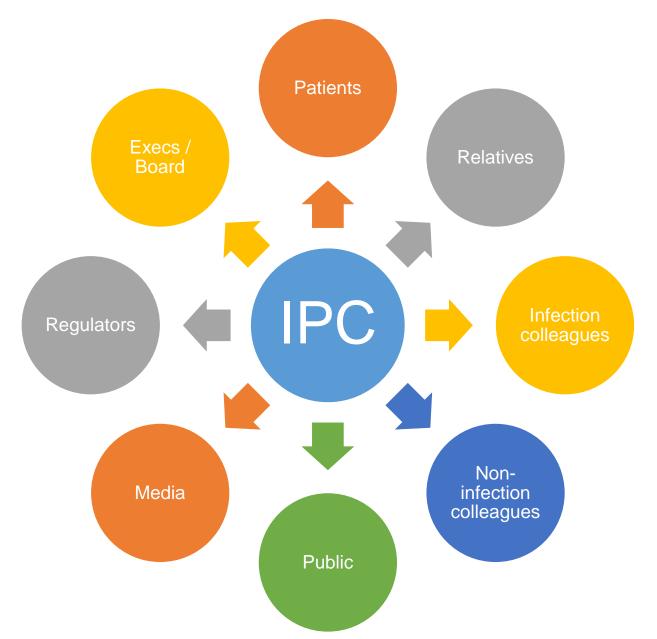
- "Bug"-focussed message
- Detailed scientific language

#### Modified description (weeks 5-14)

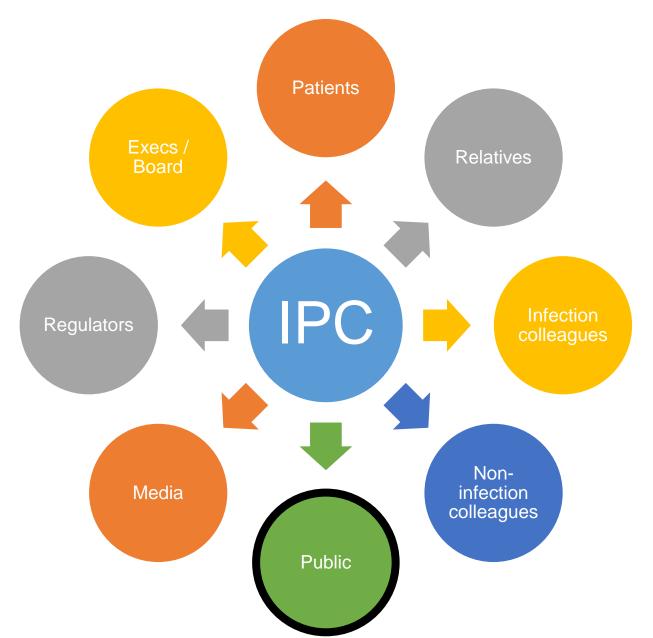
- Patient-focussed message
- "Why is it important to be screened?"
- "Benefits for you and those close to you!"
- "If you get an infection, we can put you on the right antibiotics straight away."

The change in study description results in a significant reduction in decline rate, from 31.9% of 869 patients to 7.6% of 3690 patients (p < 0.001)











## 'AMR' means nothing to people – they can't even guess at what it stands for

When we ask about 'AMR' and 'antimicrobial resistance' we just get blank faces all round – even when we've just been talking about resistance more generally

I need a dictionary for that.

F, 40-60, no education past 16 years old, Manchester That sounds like something made up.

M/F, 18-25, not at university, London

No idea.

M/F, 25-50, Mixed, Birmingham

I think my doctor gave me soap that's that.

M/F, 18-25, at university, London



# And 'resistance' is either not on the radar or misunderstood – everyone assumes it's the *person* that becomes resistant

Most don't really know what resistance is, but when they stop and think they imagine the body building up resistance not the bacteria – the idea that the more you take the less effective they'll be on you makes intuitive sense to many people and is hard to shake

Connections that make sense to people

#### **Immunity**

**Tolerance** 

Getting used to them

Think you're immune to it.
When you've had so much they
just don't work anymore.

F, 40-60, C2DE, London

It's your tolerance level. Your body has adapted to it.

M, 25-39, AB, London

If you rely too much on antibiotics then your body gets used to them.

F, 40-60, no education past 16 years old, Manchester

If you take too much of anything then eventually you become immune to it.

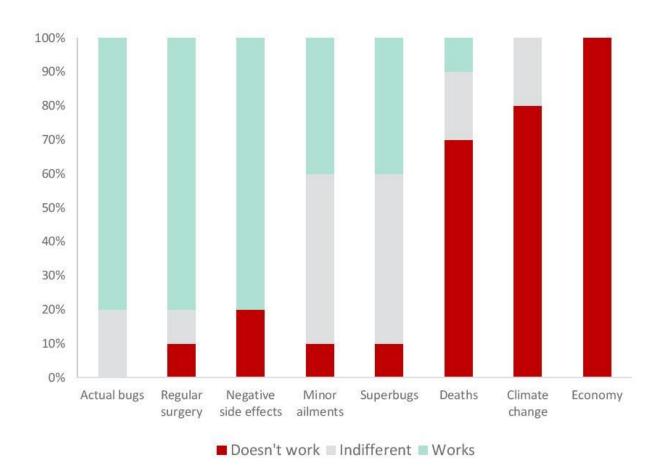
M/F, 25-50, Mixed, Birmingham

The more you take, the more your body becomes resistant to it. They're not working any more.

M/F, 18-25, at university, London



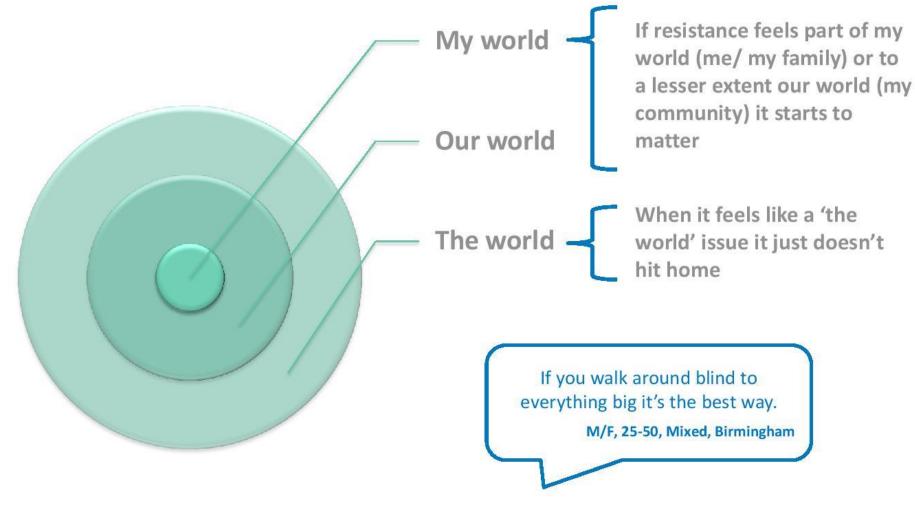
# When we compare the impact of all the 'ways in' we see a clear and consistent picture







# It's only when it feels direct, personal and relevant that people take note



#### The current language needs to change – AMR is meaningless and 'antibiotic resistance' does not take people to the right place

- The chasm between current public awareness and understanding and the term 'AMR', or 'anti-microbial resistance' too big to close
- 'Antibiotic resistance' should not replace it as the short-hand as it doesn't help people understand the issue or make intuitive sense to people
- One simple option, which would make a difference, is to add 'infection' (or 'bacteria') to 'antibiotic resistance' this would help, particularly in combination with a broader awareness campaign

FROM

- AMR
- ANTIMICROBIAL RESISTANCE
- ANTIBIOTIC RESISTANCE

ANTIBIOTIC RESISTANT
INFECTIONS



# How clinicians interact with parents when diagnosing and treating RTI

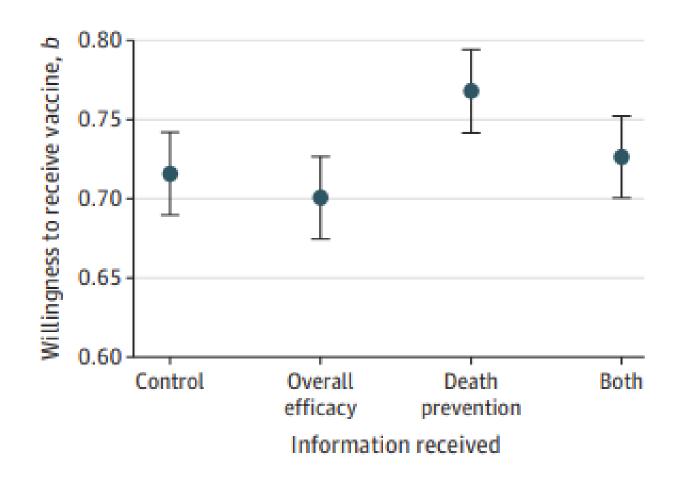
Systematic review and meta-ethnography.

"Parent communication focussed on their concerns and information needs, whereas clinician communication focussed on diagnosis and treatment decisions. During information exchanges, parents often sought to justify the need for the consultation, while clinicians frequently used problem minimising language, resulting in parents and clinicians sometimes talking at cross—purposes...This modifiable problem may be an important contribution to the unnecessary and unwanted prescribing of antibiotics."



#### Public health: vaccine uptake

Evaluation of williningness to recieve a COVID-19 vaccine based on differences in information provided to 2556 Canadian adults.





#### Public health messaging: what works?

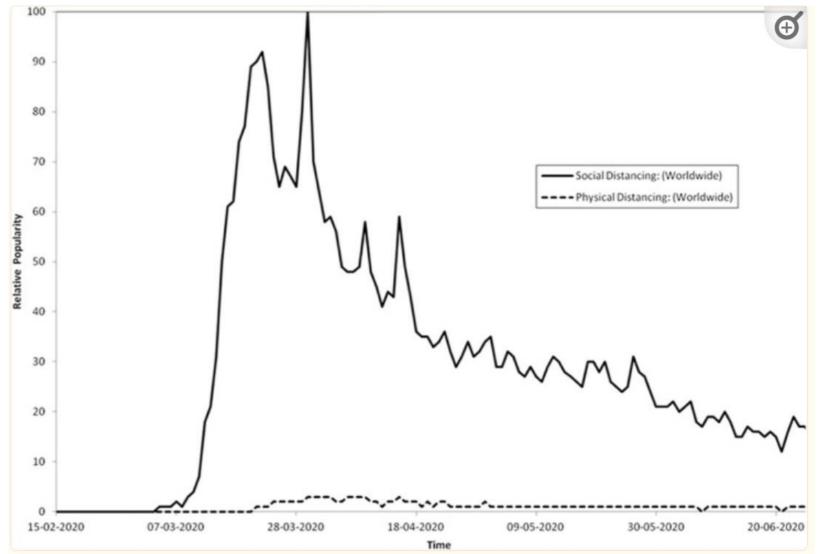
Systematic review of evidence around people's response to public health messages for managing risks and preventing infectious diseases.

Recommendation	Cross-reference to narrative synthesis in online supplemental appendix 6	
(1) Engaging with key stakeholders and communities		
(1a) Involve community leaders and others perceived as credible sources within the community	Community engagement	
(1b) Tailoring helps to make the key messages applicable to an individual's situation	Messages for	
(1c) Consider any difficulties accessing information and levels of literacy	subpopulations Increase trust	
(1d) Use different media for delivery and match delivery to the population's needs and perceptions		
(2) Addressing uncertainty immediately with transparency		
2a) Address uncertainty and changing information that may exist during an ongoing public health crisis	Increase trust Preconceptions and	
2b) Consistency and coordination between different sources of information	understanding threat	
(2c) Be transparent: admit errors and unknowns whenever appropriate	Timing—beginning of health crisis	
(2d) Be transparent: identify sources of information	Trouter office	
3) Unified messages		
3a) Make core messages consistent	Increase trust	
(3b) Identify inconsistencies across sources	Threat appraisal	
(3c) Increase awareness of the risks of the virus to their own health and the health of others	Preconceptions and understanding threat	
4) Message framing		
4a) Increase understanding of health threat	Preconceptions and	
(4b) Consider social responsibility	understanding threat	
(4c) Language choice to explain severity	Threat appraisal Community engagemen	
(4d) Promote sense of personal control	Community origination	

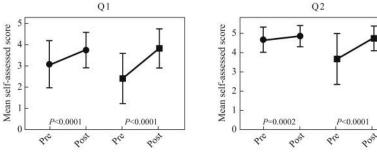


#### Public health: social or physical distancing?

Analysis of trends in public discourse and academic publications around social vs. physical distancing.

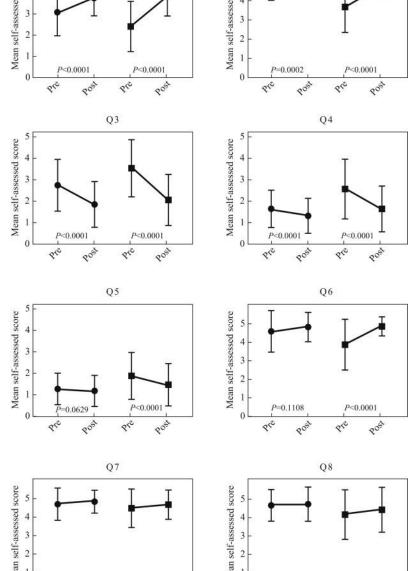






## Finding a different language

Audience knolwedge about AMR was surveyed before and after watching 'The Drugs Don't Work', a play about antimicrobial resistance.



1	I know a lot about microbiology and antibiotics
2	Antimicrobial resistance is a very serious problem
3	My GP can establish if a sore throat is bacterial or viral
4	When I am suffering from a sore throat and seek medical attention, I should expect my GP to give antibiotic medication
5	When I am suffering from a sore throat and seek medical attention, if my GP does not prescribe antibiotic medication, they are not doing their job
6	Even if I feel better, I will complete a full course of antibiotics
7	I only use antibiotics prescribed to me
8	I never use antibiotics left over from a previous prescription

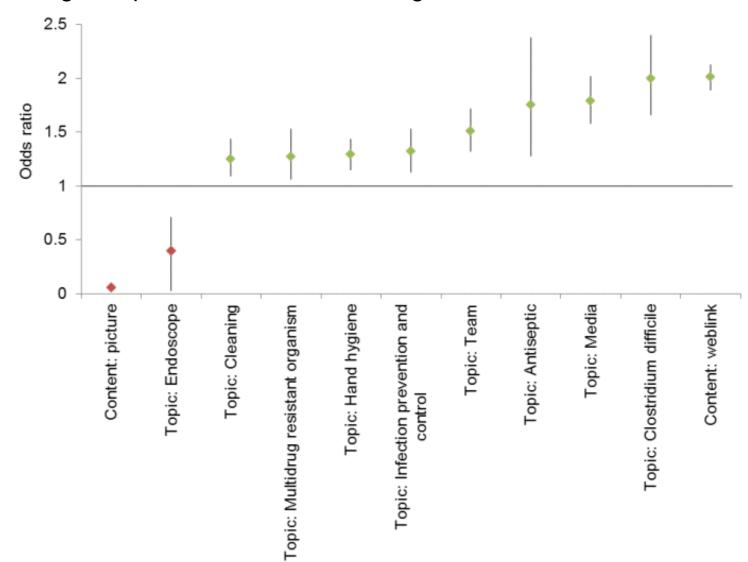
**Guy's and St Thomas'** 

**NHS Foundation Trust** 

## Finding a different language:



Positive and negative predictors of a tweet being retweeted. Error bars = 95% CI of the OR.

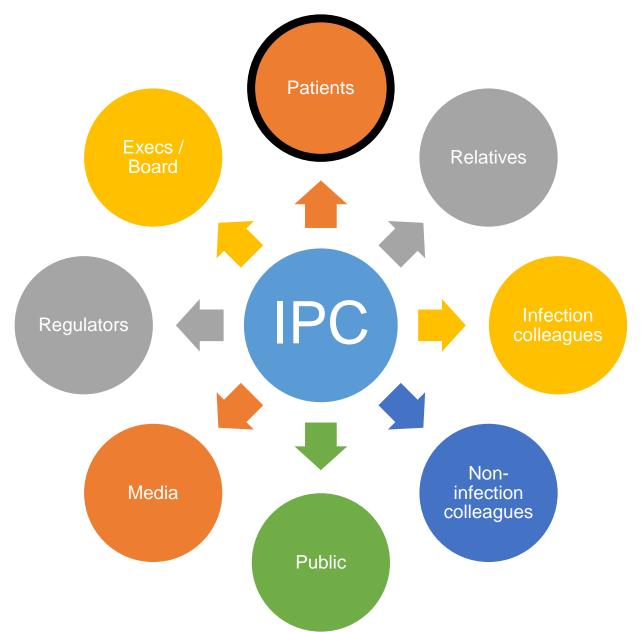




#### Social media & new possibilities for IPC/ID

- Surveillance (e.g. pandemics, post-discharge surveillance for SSI)<sup>1</sup>
- Healthcare regulation<sup>2</sup>
- Public engagement<sup>3</sup>
- Patient reminders e.g. to take antibiotics (or not!)<sup>4</sup>
- New opportunity for dialogue with patients<sup>5</sup>
- Surprisingly accurate public healthcare info<sup>6</sup>
- Conferences with a louder voice<sup>7</sup>
- 1. Charles-Smith et al. PLoS One 2015;10:e0139701.
- 2. Bouwmann et al. BMC Health Serv Res 2015;15:325.
- 3. Dyar et al. J Antimicrob Chemother 2014;69:2568-72.
- 4. Odone et al. Hum Vaccin Immunother 2015;11:72-82.
- 5. <u>Doctors' use of social media guidelines.</u> (GMC).
- 6. Chew & Eysenbach. *PLoS One* 2010;5:e14118.
- 7. Kiernan & Wigfglesworth. J Infect Prevent 2011;12:224-225.







#### Speaking to patients

Some of the words used to describe how patients felt like they were treated by staff following a new CPE diagnosis.

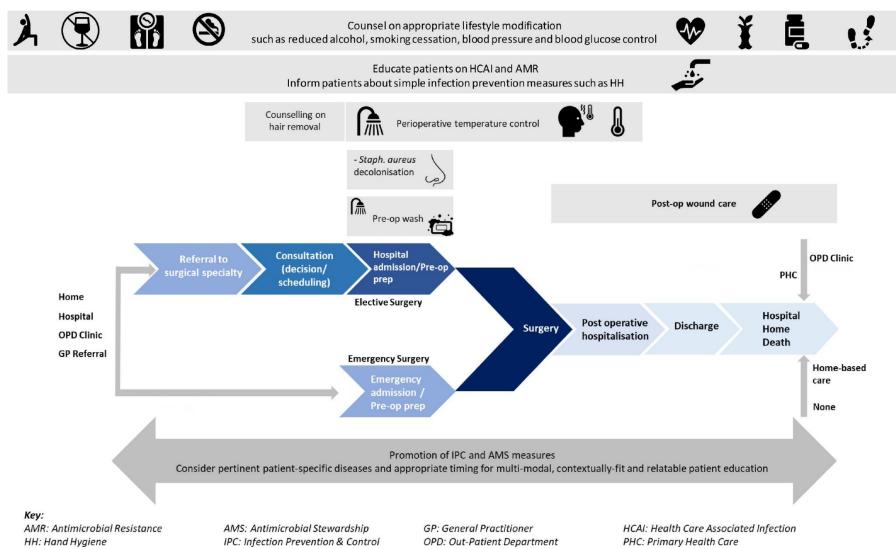
'Leper'
'Pariah'
'Plague'

"As healthcare professionals, we often do not look beyondspecimens and infection control aspects of managing patients with CPE."



#### Patient participation in SSI prevention

Scoping review of patient understanding of and participation in infection-related care across surgical pathways



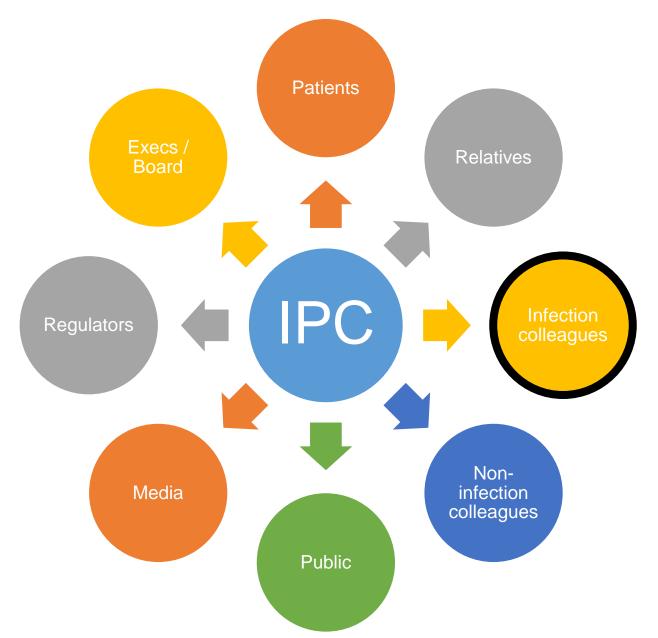


#### Message framing and CMV prevention

840 pregnant women were given a CMV prevention fact sheet that focussed either on what could be gained or could be lost by following (or not following) the recommendations.

	n = 840	
Model r2	0.39	
Variable	b (SE)	<i>p</i> -value
ntercept	-15.73 (1.57)	<0.001
Main Effects		
Gain Frame	2.22 (2.07)	0.28
Knowledge Scale <sup>a</sup>	0.15 (0.05)	0.006
Message Credibility <sup>b</sup>	0.29 (0.15)	0.06
Perceived Severity <sup>b</sup>	0.56 (0.15)	<0.001
Response Efficacy <sup>c</sup>	3.19 (0.44)	<0.001
Perceived Behavioral Control <sup>b</sup>	1.05 (0.29)	0.000
Interaction Effects		
Response Efficacy x Gain Frame	-1.69 (0.58)	0.003
Perceived Behavioral Control x Gain Frame	0.90 (0.40)	0.03







## Droplets, aerosols, and transmission...

Term	Clinicians	Aerosol scientists	General public	
Airborne	Long-distance transmission, such as measles; requires an N95/FFP2/FFP3 respirator (or equivalent) for infection control	Anything in the air	Anything in the air	
Aerosol	Particle <5 µm that mediates airborne transmission; produced during aerosol-generating procedures and also requires an N95 respirator	Collection of solid or liquid particles of any size suspended in a gas	Hair spray and other personal/cleaning products	
Droplet	Particle >5 µm that falls rapidly to the ground within a distance of 1–2 m from source; requires a surgical mask for infection control	Liquid particle	What comes out of an eyedropper	
Droplet nuclei	Residue of a droplet that has evaporated to <5 µm; synonymous with 'aerosol'	A related term, 'cloud condensation nuclei', refers to small particles on to which water condenses to form cloud droplets	Never heard of	
Particle	Virion	Tiny solid or liquid 'blob' in the air	Like soot or ash	



#### What do we mean by 'antimicrobial stewardship'?

#### **MANY MEANINGS**

'Antibiotic stewardship' could refer to one of six endeavours; most people use it to describe the actions of physicians and pharmacists.

Туре	Features			
Individual	Systematic approach taken by drug prescriber to optimize use to improve patient outcome, ensure patient safety and limit emergence of resistance.			
Multidisciplinary	Any combination of infection specialists, microbiologists, non-specialist clinicians, pharmacists, infection-prevention officers and nurses, or of veterinary surgeons and para-veterinary professionals (in animal health), working in a team to optimize use of one or more antibiotics for a patient or patients.			
Hospital (institutional)	Involves one or more teams, usually coordinated by a committee.			
Community	At primary health clinics, single or group practices, long-term care facilities or, in animal health, at single farms or farm groups.			
National	Activities encompass broader issues, using legislation and regulation to define access to medicines and who may prescribe them.			
Global	Linked to development, this will expand on national programmes, to coordinate individual nations, country and regional networks and continental activities. The World Health Organization is working on "a global stewardship framework to support the development, control, distribution and appropriate use of new antibiotics, diagnostic tools, vaccines and other interventions, with linkage to new model/s of research and development".			

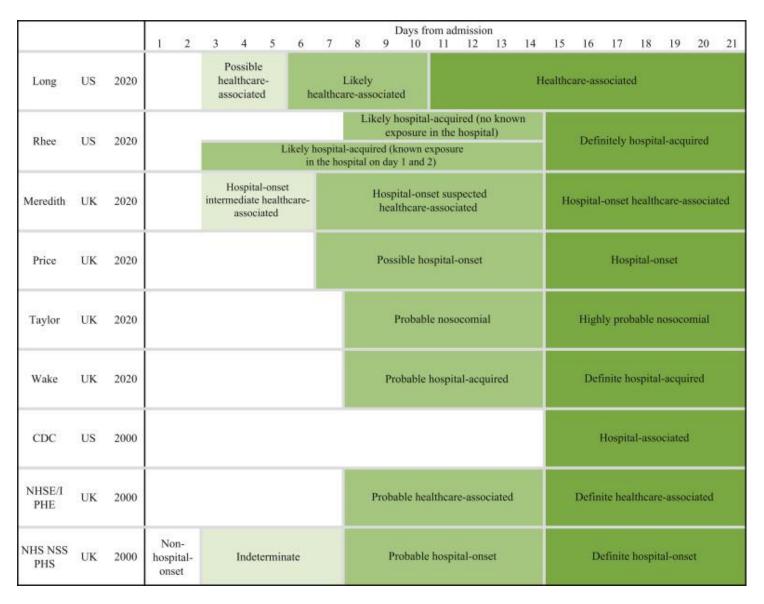


#### Surveillance definitions: SSI

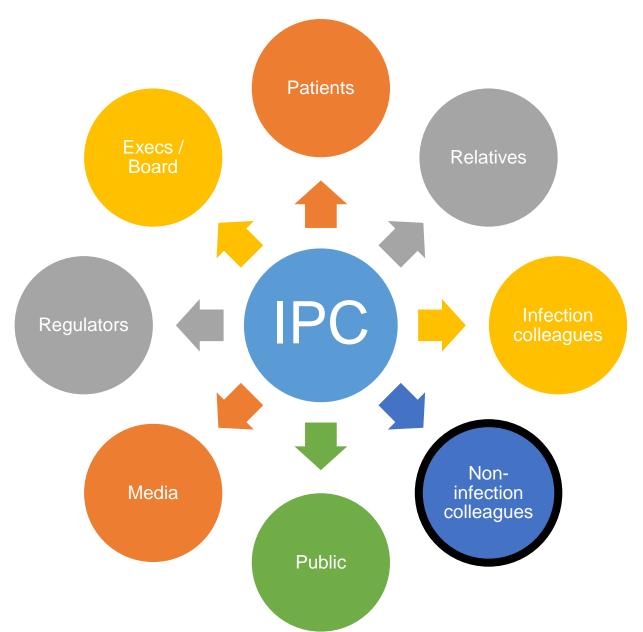
- One study identified >40 separate SSI definitions in the literature!1
- CDC "an infection that occurs after surgery in the part of the body where the surgery took place. Surgical site infections can sometimes be superficial infections involving the skin only. Other surgical site infections are more serious and can involve tissues under the skin, organs, or implanted material"
- ECDC "an infection that occurs within 30 days after the operation and involves the skin and subcutaneous tissue of the incision (superficial incisional) and/or the deep soft tissue (for example, fascia, muscle) of the incision (deep incisional) and/or any part of the anatomy (for example, organs and spaces) other than the incision that was opened or manipulated during an operation (organ/space)"
- PHE defines superficial incisional, deep incisional, and organ space SSIs.



#### Surveillance definitions: HOCI









#### Impact of a simplified C. diff lab report

Evaluating the impact of a simplified C. difficile lab report on clinician decisions around treatment and patient isolation.

	C. difficile positive		C. difficile negative	
	Treat?	Isolate?	Treat?	Isolate?
Correct responses at Time Point 1 (%)	86	93	86	83
Correct responses at Time Point 2 (%)	86	100	98	84
P-value	0.99	0.03	0.01	0.83



#### Barriers to adherence with IPC guidelines

Rapid review on barriers and facilitators for healthcare worker adherence to IPC guidelines for respiratory infectious diseases.

If HCWs considered that the IPC guidelines were long, ambiguous or did not reflect international guidance, they described feeling unsure as to which IPC

Clear communication strategies and sharing new information within organisations were seen as vital for the successful implementation of IPC guidelines

Using multiple platforms or methods of communication was considered to be a useful way of ensuring that all staff received accessible information and updates in relation to IPC guidelines

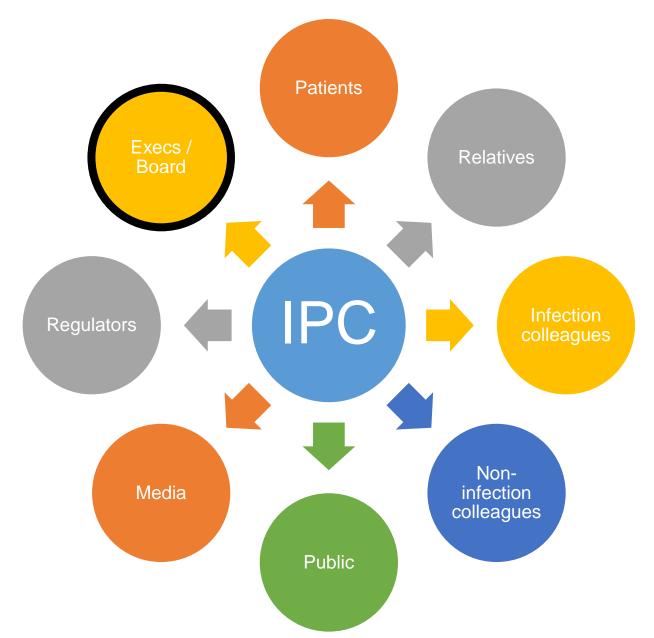


#### Communication gaps and prescribing

Thematic analysis of qualitative interviews with healthcare staff (n = 27) and older adult patients (n = 14) in two UK hospitals discussing mutli-professional team working and antibiotic prescribing decisions.

- First, between clinicians and older adult patients about symptom recognition.
- Second, between nurses and doctors about the use and reliability of point-of-care urinary dipsticks.
- Third, between nurses, patients, microbiologists and doctors about collection of urine specimens, contamination of the specimens and interpretation of mixed growth laboratory results.
- The three gaps in communication could all foster inappropriate diagnosis and antibiotic prescribing.







#### Speaking to the Board

Step 1: Frame the problem and the solution

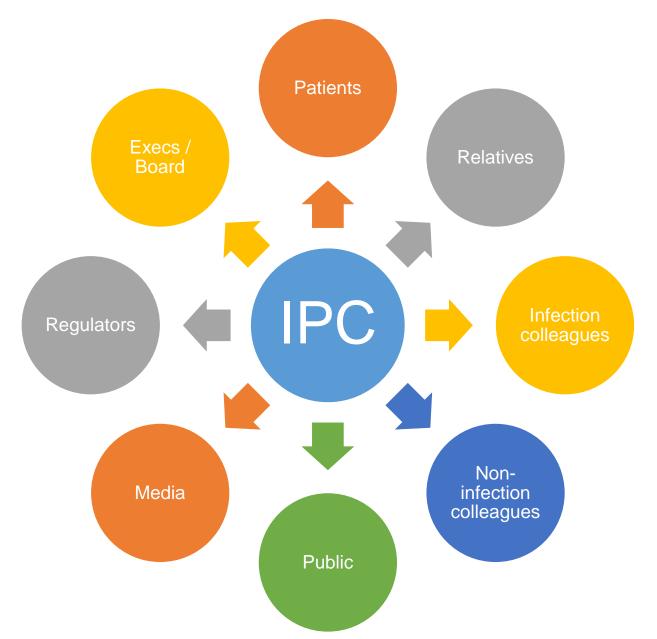
Step 2: Discuss the case in principle with key stakeholders

Step 3: Determine the cost of your solution

Step 4: Determine the benefits of your solution (financial and otherwise)

Step 5: Make the case for your case!

Step 6: Monitor progress of your case once funded





> PLoS One. 2021 Jun 3;16(6):e0252408. doi: 10.1371/journal.pone.0252408. eCollection 2021. The temperature of emotions **>** J Pers Soc Psychol. 2020 Jul;119(1):75-103. doi: 10.1037/pspi0000206. Epub 2019 Aug 15. Frar Qia Tell it like it is. When politically incorrect language Affi Observational Study > Clin Microbiol Infect. 2022 Jan;28(1):107-113. pro PMI doi: 10.1016/j.cmi.2021.08.022. Epub 2021 Sep 30. Free Michae Association between first language and SARS-CoV-2 **Affiliati** infecti PMID: > Health Promot Int. 2021 Apr 15;36(2):524-534. doi: 10.1093/heapro/daaa140. Free ar admiss COVID-19, a tale of two pandemics: novel observ coronavirus and fake news messaging Ville Holmbe Nelson A Atehortua <sup>1</sup>, Stella Patino <sup>2</sup> Asko Järvinei Johanna Häs Affiliations + expand PMID: 33450022 PMCID: PMC7928890 DOI: 10.1093/heapro/daaa140

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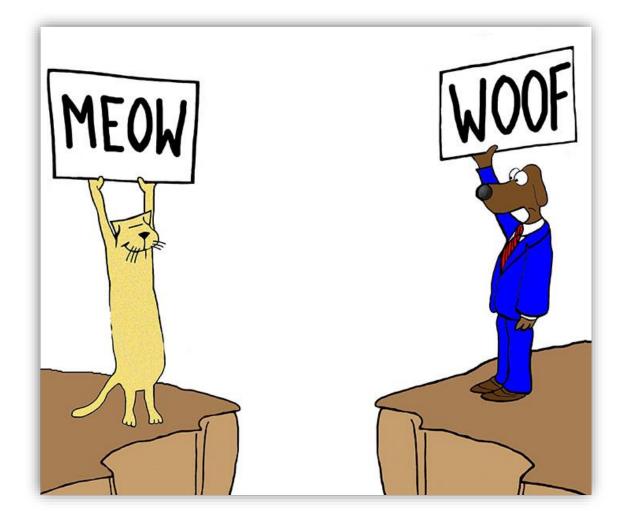


#### Talking the same language





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